

## Resources

- Centers for Disease Control and Prevention: [www.cdc.gov/drugoverdose](http://www.cdc.gov/drugoverdose)
- MME Information and calculator:  
[https://www.cdc.gov/drugoverdose/pdf/calculating\\_total\\_daily\\_dose-a.pdf](https://www.cdc.gov/drugoverdose/pdf/calculating_total_daily_dose-a.pdf)
- CDC Guideline for Prescribing Opioids Mobile App:  
<https://www.cdc.gov/opioids/healthcare-professionals/prescribing/app.html>
- DEA Form 106 along with instructions for how to complete it:  
[www.dea diversion.usdoj.gov/webforms/app106Login.jsp](http://www.dea diversion.usdoj.gov/webforms/app106Login.jsp)
- State-by-state overview of PDMPs: <http://www.fsmb.org/siteassets/advocacy/key-issues/prescription-drug-monitoring-programs-by-state.pdf>
- Federation of State Medical Boards, state-by-state charts, key issues, prescribing laws:  
<https://track.govhawk.com/reports/qyrx2/public>
- CDC Guideline for Prescribing Opioids for Chronic Pain:
  - [https://www.cdc.gov/drugoverdose/pdf/prescribing/Guidelines\\_factsheet-a.pdf](https://www.cdc.gov/drugoverdose/pdf/prescribing/Guidelines_factsheet-a.pdf)
  - <https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm>
  - <https://www.hhs.gov/overdose-prevention/>
  - [https://www.cdc.gov/drugoverdose/pdf/turnthetide\\_pocketguide-a.pdf](https://www.cdc.gov/drugoverdose/pdf/turnthetide_pocketguide-a.pdf)
  - <https://www.cdc.gov/drugoverdose/pdmp/>
  - <https://emergency.cdc.gov/han/2020/han00438.asp>

## References

- HHS OPIOID Crisis Statistics: <https://www.hhs.gov/opioids/about-the-epidemic/opioid-crisis-statistics/index.html#:~:text=In%202019%2C%20an%20estimated%2010.1,and%20745%2C000%20people%20used%20heroin>
- The US Department of Veterans Affairs and Department of Defense has developed an Opioid Taper Decision Tool:  
[https://www.pbm.va.gov/PBM/AcademicDetailingService/Documents/Academic\\_Detailing\\_Educational\\_Material\\_Catalog/52\\_Pain\\_Opioid\\_Taper\\_Tool\\_IB\\_10\\_939\\_P96820.pdf](https://www.pbm.va.gov/PBM/AcademicDetailingService/Documents/Academic_Detailing_Educational_Material_Catalog/52_Pain_Opioid_Taper_Tool_IB_10_939_P96820.pdf)
- CDC Pocket Guide: Prescribing Opioids for Chronic Pain  
<https://www.cdc.gov/opioids/providers/prescribing/pdf/Prescribing-Opioids-Pocket-Guide.pdf>

## *Opioid Prescribing: Keeping Patients Safe*

- CDC Pocket Guide: Tapering Opioids for Chronic Pain: [https://www.cdc.gov/drugoverdose/pdf/clinical\\_pocket\\_guide\\_tapering-a.pdf](https://www.cdc.gov/drugoverdose/pdf/clinical_pocket_guide_tapering-a.pdf)
- US Department of Justice, Drug Enforcement Administration “Practitioner’s Manual”: [https://www.in.gov/dhs/files/DEA\\_Practitioner\\_Manual.pdf](https://www.in.gov/dhs/files/DEA_Practitioner_Manual.pdf)
- Addiction Behaviors Checklist: [https://assets-002.noviams.com/novi-file-uploads/nhms/pdfs-and-headshots/Resources/opioid\\_resources/Addiction\\_Behaviors\\_Checklist-2.pdf](https://assets-002.noviams.com/novi-file-uploads/nhms/pdfs-and-headshots/Resources/opioid_resources/Addiction_Behaviors_Checklist-2.pdf)
- Stem the Tide: Opioid Stewardship Measurement Implementation Guide. <https://www.aha.org/system/files/media/file/2020/07/HIIN-opioid-guide-0520.pdf>
- NORCAL Insurance Company policyholder website, MyACCOUNT: [www.norcal-group.com](http://www.norcal-group.com), Risk Resources, Clinical and Administrative Resources, Medication Management, Controlled Substances
- Combating Misuse and Abuse of Prescription Drugs: Q&A with Michael Klein, Ph.D., Retrieved from: [https://www.hemophiliafed.org/uploads/FDA\\_Combating-Misuse-and-Abuse-of-Prescription-Drugs.pdf](https://www.hemophiliafed.org/uploads/FDA_Combating-Misuse-and-Abuse-of-Prescription-Drugs.pdf) (Updated Link)
- National Institute on Drug Abuse. Opioid. Misuse of Prescription Drugs Research Report <https://www.drugabuse.gov/publications/misuse-prescription-drugs/overview>
- National Institute on Drug Abuse. Research Report Series- Prescription Drug abuse. <https://www.drugabuse.gov/sites/default/files/rxreportfinalprint.pdf>
- What is the U.S. Opioid Epidemic? <https://www.hhs.gov/opioids/about-the-epidemic/index.html>
- NIH Analysis Shows Americans Are In Pain. <https://nccih.nih.gov/news/press/08112015>
- CDC Understanding Drug Overdoses and Deaths. <https://www.cdc.gov/drugoverdose/epidemic/index.html>
- U.S. Opioid Dispensing Rate Maps; Prescription Opioid Data <https://www.cdc.gov/drugoverdose/rxrate-maps/index.html>
- HHS Guide for Clinicians on the Appropriate Dosage Reduction or Discontinuation of Long-Term Opioid Analgesics: [https://www.hhs.gov/opioids/sites/default/files/2019-10/Dosage\\_Reduction\\_Discontinuation.pdf](https://www.hhs.gov/opioids/sites/default/files/2019-10/Dosage_Reduction_Discontinuation.pdf)
- Annual Surveillance Report of Drug Related Risks and Outcomes: <https://www.cdc.gov/drugoverdose/pdf/pubs/2019-cdc-drug-surveillance-report.pdf>
- National Institute on Drug Abuse. Opioid Overdose Death Rates. <https://nida.nih.gov/research-topics/trends-statistics/overdose-death-rates>

## *Opioid Prescribing: Keeping Patients Safe*

- White House Releases List of Actions Taken by the Biden-Harris Administration Since January 2021 to Address Addiction and the Overdose Epidemic:  
<https://www.whitehouse.gov/ondcp/briefing-room/2022/01/18/white-house-releases-list-of-actions-taken-by-the-biden-harris-administration-since-january-2021-to-address-addiction-and-the-overdose-epidemic/>
- COVID-19 and the Opioid Epidemic: Two Public Health Emergencies That Intersect With Chronic Pain: <https://link.springer.com/article/10.1007/s40122-021-00243-2>
- Prescribing of Opioid Analgesics and Buprenorphine for Opioid Use Disorder During the COVID-19 Pandemic: <https://jamanetwork.com/journals/jamanetworkopen/article-abstract/2778564>
- Increase in Fatal Drug Overdoses Across the United States Driven by Synthetic Opioids Before and During the COVID-19 Pandemic: <https://emergency.cdc.gov/han/2020/han00438.asp>
- NIH: Nonmedical Use of Prescription Drugs among Medical Students and the Relationship With Illicit Drug, Tobacco, and Alcohol Use:  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6149012/>
- HHS OPIOID Crisis Statistics: <https://www.hhs.gov/opioids/about-the-epidemic/opioid-crisis-statistics/index.html#:~:text=In%202019%2C%20an%20estimated%2010.1,and%20745%2C000%20people%20used%20heroin>
- FDA: Report On Evidence-Based Opioid Analgesic Prescribing Guidelines:  
<https://www.fda.gov/media/138831/download>
- Overdose Deaths Continue Rising, With Fentanyl and Meth Key Culprits:  
<https://www.nytimes.com/2022/05/11/us/politics/overdose-deaths-fentanyl-meth.html>
- Understanding the Opioid Overdose Epidemic:  
<https://www.cdc.gov/opioids/basics/epidemic.html>
- Treatment of opioid use disorder during COVID-19: Experiences of clinicians transitioning to telemedicine: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7456454/>
- NIH: COVID-19 & Substance Use: <https://nida.nih.gov/drug-topics/comorbidity/covid-19-substance-use>
- CDC: COVID-19 and People at Increased Risk:  
[https://www.cdc.gov/drugoverdose/resources/covid-drugs-QA.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fneed-extra-precautions%2Fother-at-risk-populations%2Fpeople-who-use-drugs%2FQA.html](https://www.cdc.gov/drugoverdose/resources/covid-drugs-QA.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fneed-extra-precautions%2Fother-at-risk-populations%2Fpeople-who-use-drugs%2FQA.html)